



Eastern Association of
Intercollegiate Football Officials

Western New England Chapter



Extra Periods & Try Downs

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By Ted Minissale

Tonight's Agenda

04/11/2023

- Extra Period Rules, Mechanics & Penalty Enforcement
 - Try Rules, Mechanics, Penalty Enforcement
 - Similarities between Extra Periods & Try Downs (FUDL)
 - Q & A
 - Situational film review in group
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Extra Periods Mechanics

- End of Regulation Conference
- Communication with coaches
- Coin Toss
- Start of possession series
- CCA Manual Page 197

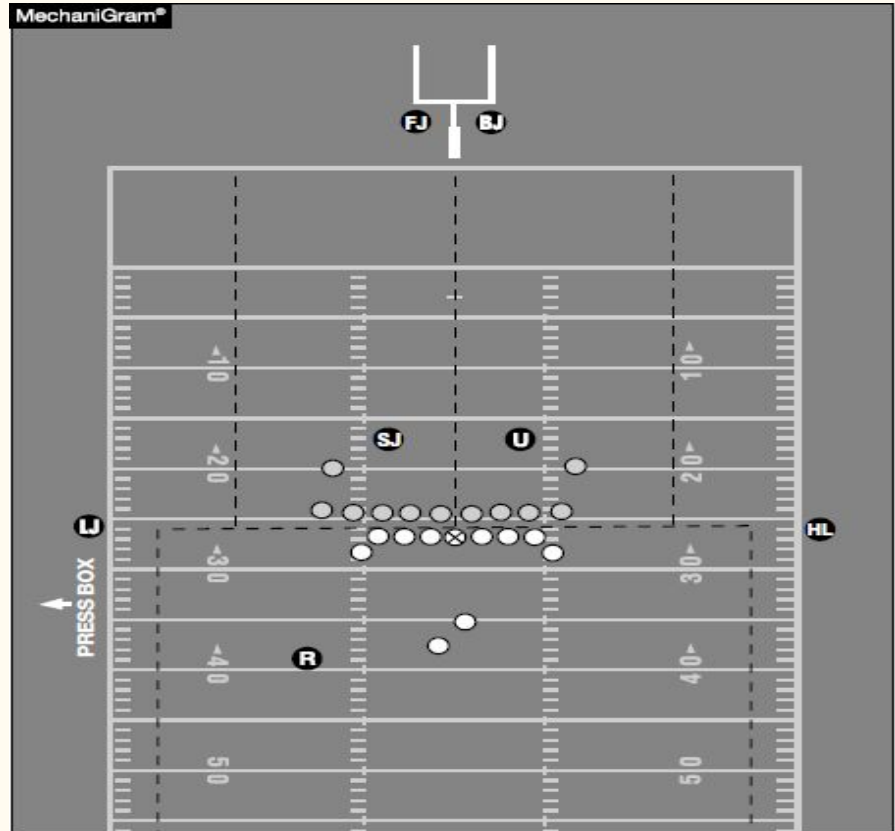


Extra Periods (3-1-3) Rules

- **3-1-3-e. Possession series.** Each team retains the ball during a possession series until it scores or fails to make a first down. The ball remains alive after a change of team possession until it is declared dead. **However, Team A may not have a first down if it regains possession after a change of team possession (A.R.3-1-3-I-IX). Beginning with the third extra period, a team's possession series will be one play for a two-point try from the three-yard line, unless relocated by penalty.**
- **3-1-3-f. Scoring.** The team scoring the greater number of points during the regulation and extra periods shall be declared the winner. **There shall be an equal number of possession series, as described in (e) above, in each extra period, unless Team B scores other than on the try. Beginning with the second extra period, teams scoring a touchdown must attempt a two-point try. Although not illegal, a one-point try attempt by Team A will not result in a score.**
- **3-1-3-h. Timeouts.** Each team shall be allowed one timeout for each extra period. (Rule 3-3-7) Timeouts not used during the regulation periods may not be carried over into the extra period(s). Unused extra-period timeouts may not be carried over to other extra periods. Timeouts between periods shall be charged to the succeeding period. Radio and television timeouts are permitted only between extra periods (first and second, second and third, etc.). Charged team timeouts may not be extended for radio and television purposes. The extra period(s) begins when the ball is first snapped. **In the absence of a media timeout, after the second and fourth extra period, there will be a two minute mandatory break period.**
- **3-1-3-g Penalty Enforcement, More to come with Try Downs.**

Try Down Mechanics

- CCA Manual Pages 177-179
 - Defensive alignment
 - Leverage & leaping
 - Pull & shoot
 - Kick/holder
 - Fake/broken play



Try Down Rules

- 8-1-1, Scoring Successful Try:
 - Touchdown — 2 Points
 - Field Goal or Safety — 1 Point



- Touchdown v Safety on Try Down, Contingent upon responsibility and impetus.
 - A.R. 8-3-1 I. & II.
 - A.R. 8-3-2-I. & II.

Try Down Mechanics & Rules

- Ball & Hash Positioning 8-1-2-c (**A.R 8-3-3-III**):
 - The snap will be midway between the hash marks on the opponent's three- yard line or from any other point on or between the hash marks on or behind the opponent's three-yard line **if the position of the ball is selected by the team designated to put the ball in play before the play clock is at 25 seconds or before any subsequent ready-for-play signal. The ball may be relocated after a Team B foul or a charged timeout to either team, unless the timeout is preceded by a Team A foul or offsetting fouls (Rules 8-3-3-a and 8-3-3-c-1).**
- Ball Dead Ball Rule (rolling arms) 8-3-2-d-5:
 - **Before a change of team possession, a Team A player fumbles and the ball is caught or recovered by any Team A player other than the fumbler. There is no Team A score.**



Try Down Rules

Fouls During a Try Before a Change of Team Possession 8-3-3-c.

➤ Team A fouls:

- On a successful try, replay the down. *Exception: Loss of Down fouls.*
- Loss of down; try is over, and the score is canceled, and no yardage penalty is assessed on the succeeding kickoff.
- Before a change of team possession Team A commits a foul that is not offset, and during the down there is **neither another change of team possession nor a score**, the penalty is declined by rule.

Try Down Rules

Fouls During a Try Before a Change of Team Possession 8-3-3-b.

Team B fouls:

- **On a successful try:**
 - Decline the score enforce the penalty.
 - Decline the foul, keep the score *Exception: Personal Fouls and Unsportsmanlike Conduct*
 - .
- **Offsetting Fouls:**
 - Both teams foul during the down and Team B fouls before the change of possession, the fouls offset and the down is repeated, even if additional fouls occur after the change of possession. Any repeat of the down after offsetting fouls must be from the previous spot.

A Common Thread, Extra Period & Try Downs

Rule 3-1-3-g.

Fouls after a change of team possession (A.R. 3-1-3-XI-XIII):

1. Penalties against either team are declined by rule in extra periods. (Exceptions: Penalties for flagrant personal fouls, unsportsmanlike conduct fouls, dead-ball personal fouls and live-ball fouls treated as dead-ball fouls are enforced on the succeeding play.)
2. A score by a team committing a foul during the down is canceled. (Exception: Live-ball foul treated as a dead-ball foul.)
3. If both teams foul during the down and Team B had not fouled before the change of possession, the fouls cancel and the down is not repeated. (Exceptions: Penalties for flagrant personal fouls, unsportsmanlike conduct fouls, dead-ball personal fouls and live-ball fouls treated as dead-ball fouls are enforced on the succeeding play.)

Rule 8-3-4-a. through c.

Fouls During a Try After a Change of Team Possession

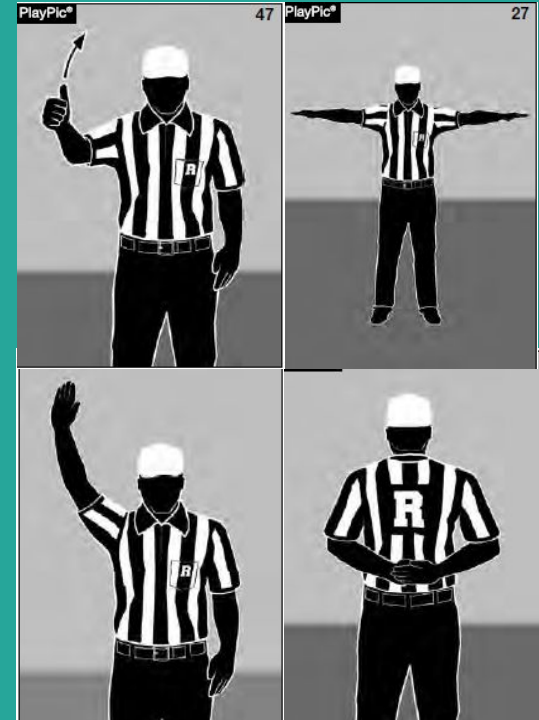
- ARTICLE 4. a. Penalties against either team are declined by rule. (Exception: Penalties for flagrant personal fouls, unsportsmanlike conduct fouls, dead-ball personal fouls and live-ball fouls treated as dead-ball fouls are enforced on the succeeding kickoff or at the succeeding spot in extra periods. See Rule 8-3-5.) **(A.R. 8-3-4-I and II)**
- b. A score by a team committing a foul during the down is canceled. (Exception: Live-ball foul treated as a dead-ball foul.) (A.R. 8-3-2-VII)
 - c. If both teams foul during the down and Team B had not fouled before the change of possession, the fouls cancel, the down is not repeated, and the try is over. (Exception: Penalties for flagrant personal fouls, unsportsmanlike conduct fouls, dead-ball personal fouls and live-ball fouls treated as dead- ball fouls are enforced on the succeeding kickoff or at the succeeding spot in extra periods. See Rule 8-3-5.)

Fouls after a change of team possession: Extra Periods & Try Downs

- ❑ If there is a foul by any team, it is declined by rule.
Exception: FUDL fouls.
- ❑ Team B receives the ball with clean hands.
- ❑ If there is a score, and there is a foul by that scoring team. It is canceled and the try is over. *Exception: FUDL fouls.*

What are FUDL Fouls?

- Flagrant personal fouls
- Unsportsmanlike conduct fouls
- Dead-ball personal fouls
- Live-ball fouls treated as dead-ball fouls



Questions?

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Thank you for your time.



Film Review

1. [Defense Penalty, Team A Score](#)
2. [Foul after change of team possession OT](#)
3. [FUDL Foul Clip](#)
4. [Apply FUDL to the situation, try or OT](#)
5. [INT, PF on the ret](#)
6. [Try Down Coverage & UNR action](#)
- 7a. [Try Case Study Play #1](#)
- 7b. [Try Case Study Play #2](#)
- 7c. [Try Case Study Play #3](#)

