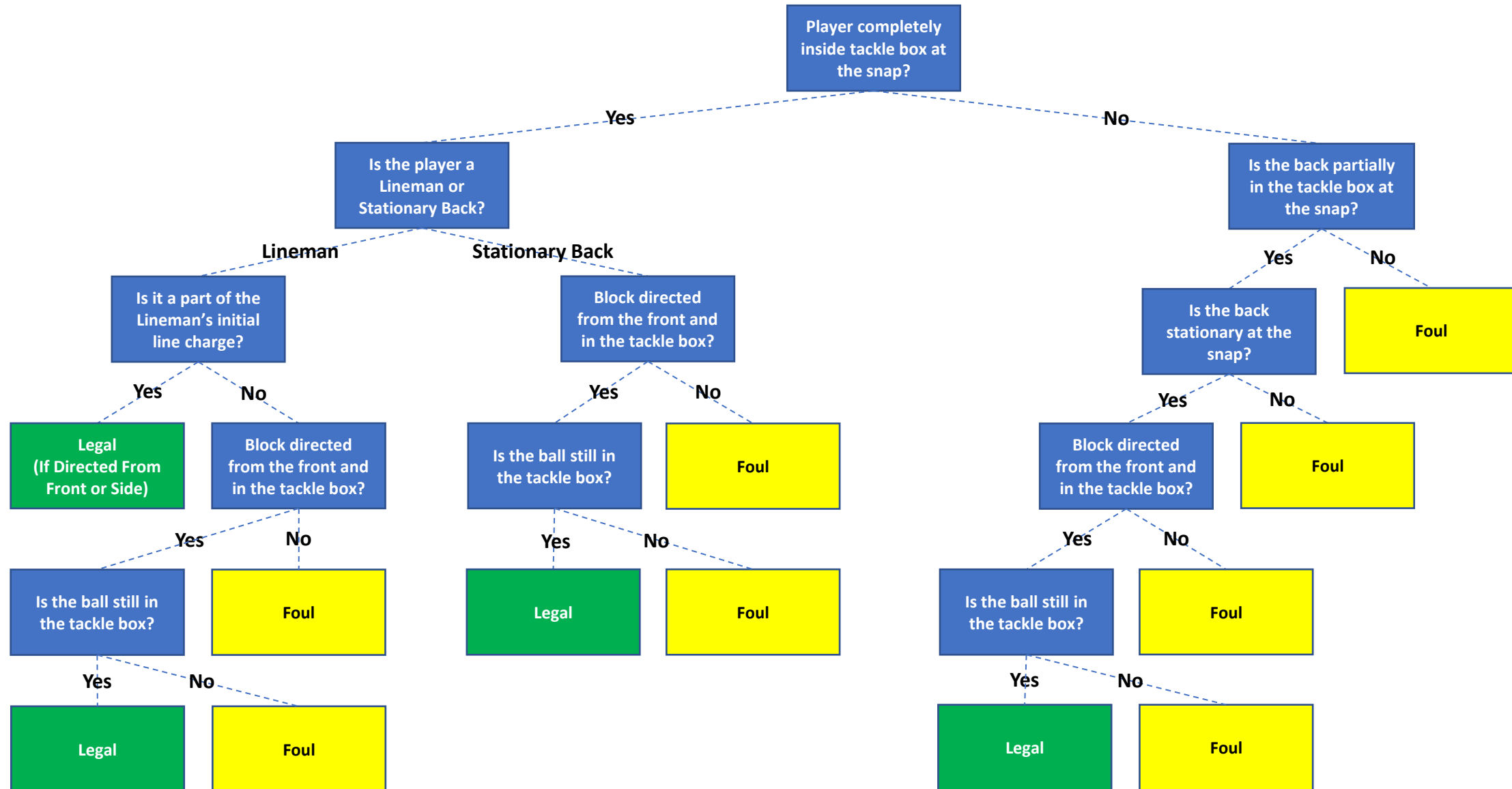


Blocks Below The Waist *Simplified*

This graphic assumes a Block Below The Waist has occurred on the field.



When In Doubts...

- The offensive player initiating the block is IN the tackle box
 - IN the tackle box is in reference to where the block starts, not where the contact occurs
- The block is from the side and NOT the front
- The block IS a part of the initial line charge of the offensive lineman